



Identifying Learning Priorities: Learning to Ride a Bike

Learning Expectation: Safely operate a bicycle

Longevity	Leverage	Levels	Standards
			1. Know all of the parts of a bicycle
			2. Understand basic operation (steering, brakes, pedals)
			3. Understand bicycle safety (helmets, hand signals, traveling on roads, reflection strips)
			4. Understand effects of environment (on road, off road, weather conditions)
			5. Perform basic bicycle maintenance (tire pressure, seat adjustment, chain replacement, etc.)
			6. Demonstrate appropriate balance at various speeds
			7. Use steering to chart direction and avoid obstacles
			8. Effectively change gears for maximum efficiency
			9. Perform smooth starts and stops
			10. Perform "tricks" (no hands, pop wheelies, jump ramps, etc.)
			11. Understand bicycle selection for various activities (height, weight, tire tread, etc.)

